

**Memorize and explain this Bible text:**

**Prayer:** \_\_\_\_\_ Matthew 6:9-13

**Read the following verses and answer the questions:**

**I Feel Lousy**

\_\_\_\_\_ Psalm 42:6

*What did I learn about God?*

\_\_\_\_\_ Psalm 55:22

*What did I learn about myself?*

\_\_\_\_\_ Psalm 46

*How can I apply this to my life today?*

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**Matthew**

\_\_\_\_\_ Matthew 13-16

**I Feel Lousy**

\_\_\_\_\_ Psalm 22:25-34

\_\_\_\_\_ John 14:27

*What did I learn about God?*

*What did I learn about myself?*

*How can I apply this to my life today?*

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