Companion Progressive Classwork Homework

The following requirements will need to be completed by the Pathfinder at home; all other requirements should be completed during class time on Tuesdays.

**BASIC Class Requirements**

**Personal Growth**

**III. Growth**

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A. Read one book each from the following categories: Guide’s Greatest Stories, Mission, Old Testament Biblical novel (available for checkout)

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B. Read or listen to the book of Genesis

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C. Monthly Bible reading and journal (in this booklet)

**Spiritual Discovery**

**I. Scripture**

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A. Memorize Bible texts, one per month (in this booklet)

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B. Recite in order the names of the Old Testament Books of the Bible and know the five areas into which the books are grouped

**Serving Others**

**II. Community Outreach**

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A. Plan ways and find opportunities to spend at least 1 hour helping an elderly person.

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B. Participate for 4 hours in outreach activities for your community (if not done at Pathfinder events)

**Nature Study**

**I. Spiritual Lessons**

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A. Review the story of Creation. List what was created on each day and keep an outdoor log of your personal observations from nature in which each day focuses on the things that were created on that day.

**ADVANCED Class Requirements**

(Trail Companion)

**Serving Others**

**I. One on One**

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A. Make a personal visit to an elderly person and follow it up with a phone call, letter, or card expressing your joy in meeting him or her. (can be partially completed at Help-a-thon).

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**II. Outreach**

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A. Bring someone who is not a member of a Pathfinder club to a Pathfinder event, such as Kite Day, Pathfinder Sabbath, or the Pathfinder Fair.

**Health & Fitness**

**I. Fitness/Exercise**

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A. Participate in a lifestyle fitness program for your age or complete one of the fitness tests for your age.

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B. Complete the Beginners Swimming honor. (There will be a checkoff time provided for this honor, but swimming lessons may be necessary to pass the checkoff)

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**ADVANCED Class Requirements**

(Trail Companion)

**Serving Others**

**I. One on One**

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A. Make a personal visit to an elderly person and follow it up with a phone call, letter, or card expressing your joy in meeting him or her. (can be partially completed at Help-a-thon).

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